

25 GREAT PARENTING IDEAS

from Michael Grose

Focus on **one idea a day** to
transform your parenting in less than a month

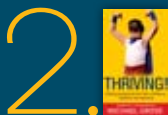
- 1 DO MORE THINGS **WITH KIDS** THAN FOR THEM
- 2 IF YOU WANT HAPPY, RESILIENT KIDS **YOU GO FIRST**
- 3 RAISE YOUR SMALL FAMILY WITH **A BIG FAMILY MINDSET**
- 4 MAKE THE MOST OF THE **OPPORTUNITY YEARS** (BEFORE TEENS)
- 5 WORK ON YOUR RELATIONSHIPS AS **THEY GIVE YOU LEVERAGE**
- 6 EXPECT KIDS TO **BEHAVE WELL**
- 7 CATCH KIDS BEING **RESILIENT AND PERSISTENT**
- 8 ATTEND TO YOUR KIDS' **MENTAL HEALTH**
- 9 DON'T BE A FAMILY THAT'S ALWAYS **ON THE GO**
- 10 MAKE SURE KIDS HELP AT HOME **WITHOUT BEING PAID**
- 11 BUILD SCAFFOLDS TO **INDEPENDENCE**
- 12 **REWARD RESPONSIBILITY** WITH GREATER FREEDOM
- 13 BUILD **SELF-KNOWLEDGE** IN KIDS
- 14 MOVE KIDS DOWN THE ROAD FROM **'ME' TO 'WE'**
- 15 TEACH YOUR KIDS TO **DO WHAT'S RIGHT**, NOT WHAT'S EASY
- 16 **STRENGTHEN YOUR FAMILY** BY CREATING A STRONG FOOD CULTURE
- 17 CREATE A CULTURE WHERE THERE'S **NOTHING SO BAD THAT 'WE' CAN'T TALK ABOUT IT**
- 18 PARENT FROM THE **SAME SCRIPT**, EVEN IF YOU'RE NOT TOGETHER
- 19 **DO THINGS** WITH YOUR KIDS
- 20 DON'T LET KIDS **DROP OUT OF THE FAMILY**
- 21 **CONNECT** WITH OTHER PARENTS
- 22 EVERY CHILD NEEDS SOMEONE IN THEIR LIFE WHO SAYS **YOU CAN DO THIS**
- 23 MAKE THE MOST OF **TEACHABLE MOMENTS**
- 24 **AVOID YOUR FIRST IMPULSE** WHEN KIDS MISBEHAVE
- 25 BUILD A **STRONG FAMILY BRAND**

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